

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			<p>9:00 Prayer Circle 10:00 Explore MKE Outing* 10:30 Fitness with Mary 1:00 Dia de los Muetros 2:00 Hydration 3:00 Poetry Club 4:00 Refresh Program 5:30 Pluto Shows</p>	<p>9:00 Fitness with Willy 10:00 MKE Public Muesum Outing* 10:15 BINGO with Friends 1:00 All Saints Day craft 2:00 Hydration 3:00 Puzzle Hour 4:00 Refresh Program 5:30 Thursday Travels</p>	<p>9:00 Sit and Stretch 10:00 Group Art 1:00 LifeSounds W/ Lisa 2:00 Hydration 3:00 Friday Flicks 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:30 Activity with Fitness 10:00 Hydration Station 10:30 Residents Choice 1:00 Weekend Flick 3:00 Catholic Mass LH/ Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday</p>
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Residents choice 1:00 Positive Sayings 2:00 Ecumenical Service ch955 2:30 Inspirational Music 3:00 Pastor Harold Visit 4:00 Walk and Talk 5:30 Sunday News</p>	<p>9:00 Fitness with Willy 10:00 Explore ECP Outing* 2:00 Baking Buddies 2:00 Hydration 3:00 Book Club 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Morning News 10:15 BINGO with Friends 1:00 Dream catcher Day 2:00 Hydration 3:00 Roy Rogers Day 4:00 Refresh Program 5:30 Social Visits RR</p> <p>Seven-Eleven Day!</p>	<p>9:00 Sit and Stretch 10:00 Explore MKE Outing* 10:30 Fitness with Mary 1:00 Group Art 2:00 Hydration 3:00 Poetry Club 4:00 Refresh Program 5:30 Pluto Shows</p>	<p>9:00 Fitness with Willy 10:15 BINGO with Friends 1:00 Thank you for your service 2:00 Hydration 3:00 Puzzle Hour 4:00 Refresh Program 5:30 Thursday Travels</p>	<p>9:00 Morning News 10:00 Veterans Day Documentary/Craft 1:00 LifeSounds W/ Lisa 2:00pm Deep Lake Future Outing* 3:00 Friday Flicks 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:30 Activity with Fitness 10:00 Hydration Station 10:30 Residents Choice 1:00 Weekend Flick 3:00 Catholic Mass LH/ Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday</p> <p>Veterans Day</p>
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Residents choice 1:00 Positive Sayings 2:00 Ecumenical Service ch955 2:30 Inspirational Music 3:00 Pastor Harold Visit 4:00 Walk and Talk 5:30 Sunday News</p> <p>Diwali (Hindi)</p>	<p>9:00 Fitness with Willy 10:00 Explore ECP Outing* 2:00 Baking Buddies 2:00 Hydration 3:00 Book Club 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Sit and Stretch 10:15 BINGO with Friends 1:00 Matchbook Greeting card craft 2:00 Hydration 3:00 Whoopi Goldberg Day 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Prayer Circle 10:00 Explore MKE Outing* 10:30 Fitness with Mary 1:00 Group Art 2:00 Hydration 2:30 Castle Karaoke 3:00 Poetry Club 4:00 Refresh Program 5:30 Pluto Shows</p>	<p>9:00 Fitness with Willy 10:00 Fairgrounds coffeeshop Outing* 10:15 BINGO with Friends 1:00 Balloon Pumpkin Craft 2:00 Hydration 3:00 Puzzle Hour 4:00 Refresh Program 5:30 Thursday Travels</p>	<p>9:00 Sit and Stretch 10:00 Group Art 1:00 Happy Birthday Roy! 2:00 Hydration 2:30 Lets make Pumpkin Bread 3:00 Friday Flicks 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:30 Activity with Fitness 10:00 Hydration Station 10:30 Residents Choice 1:00 Weekend Flick 3:00 Catholic Mass LH/ Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday</p>
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Residents choice 1:00 Positive Sayings 2:00 Ecumenical Service ch955 2:30 Inspirational Music 3:00 Pastor Harold Visit 4:00 Walk and Talk 5:30 Sunday News</p>	<p>9:00 Fitness with Willy 10:00 Explore ECP Outing* 2:00 Baking Buddies 2:00 Hydration 3:00 Book Club 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Morning News 10:15 BINGO with Friends 1:00 Scrabble Craft 2:00 Hydration 3:00 Lou Grant Day 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Sit and Stretch 10:00 Explore MKE Outing* 10:30 Fitness with Mary 11:30 Mac & Cheese Dine-in Social 1:00 Group Art 3:00 Poetry Club 4:00 Refresh Program 5:30 Pluto Shows</p>	<p>9:00 Thanksgiving Parade 10:15 BINGO with Friends 1:00 Turkey Craft 2:00 Hydration 3:00 Giving Thanks! 4:00 Refresh Program 5:30 Thursday Travels</p> <p>Thanksgiving Day (US)</p>	<p>9:00 Morning News 10:00 Group Art 1:00 LifeSounds W/ Lisa 2:00 Hydration 3:00 Friday Flicks 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:30 Activity with Fitness 10:00 Hydration Station 10:30 Residents Choice 1:00 Weekend Flick 3:00 Catholic Mass LH/ Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday</p>
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Residents choice 1:00 Positive Sayings 2:00 Ecumenical Service ch955 2:30 Inspirational Music 3:00 Pastor Harold Visit 4:00 Walk and Talk 5:30 Sunday News</p>	<p>9:00 Fitness with Willy 10:00 Explore ECP Outing* 2:00 Baking Buddies 2:00 Hydration 3:00 Book Club 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Sit and Stretch 10:15 BINGO with Friends 1:00 Origami Day Craft 2:00 Hydration 3:00 Animal Channel 4:00 Refresh Program 5:30 Social Visits RR</p>	<p>9:00 Prayer Circle 10:00 Explore MKE Outing* 10:30 Fitness with Mary 1:00 Group Art 2:00 Hydration 3:00 Poetry Club 4:00 Refresh Program 5:30 Pluto Shows</p>	<p>9:00 Fitness with Willy 10:00 Lakefront Brewery Outing* 10:15 BINGO with Friends 1:00 Photo Block Craft 2:00 Hydration 3:00 Puzzle Hour 4:00 Refresh Program 5:30 Thursday Travels</p>	<p>Green - Nursing support. Blue- *Sign up w Activity Staff for Outings. Red- Combined with other floors.</p>	

*3rd Floor activities are subject to change without notice. See Community Life staff if you have any questions, please contact Kim at Kgarcia@eastcastleplace.com