

# SOUP & SALAD

<b>SOUP</b>	3	<b>SPINACH SALAD</b>	6
Soup of the Day or Week		Spanish, Goat Cheese, Beets, Vinaigrette	
<b>CAESAR SALAD</b>	3	<b>TOMATO SALAD</b>	4
Fresh Romaine, Croutons, Parmesan Cheese, Caesar Dressing		Sliced Tomatoes, Blue Cheese Crumbles, Balsamic Reduction	
<b>TOSSED SALAD</b>	4	<b>FRESH FRUIT</b>	4
Fresh Romaine, Grape Tomatoes, Cucumber, Raddish, Choice of Dressing		Only Berries 5	

# ENTREE SALADS

<b>COBB</b>	10
Romaine, Grape Tomatoes, Bacon, Avocado, Hard Boiled Egg, Bleu Cheese Crumbles	
<b>CAESAR SALAD</b>	6
Fresh Romaine, Croutons, Parmesan Cheese, Caesar Dressing	
<b>SPINACH SALAD</b>	8
Spinach, Goat Cheese, Beets, Vinaigrette	

**ADD Grilled Chicken - 5 Grilled Salmon - 7**

## DRESSING CHOICES

Ranch, French (Light), Thousand Island, Italian, Bleu Cheese, Caesar, Raspberry Vinaigrette, Balsamic Vinaigrette, Vinegar & Oil

# The Gilman

## ENTREES

Starch and Vegetable can be Substituted or Declined  
Price will adjust 3 Point per Item

<b>BEEF TENDERLOIN</b>	20	<b>TUSCAN SALMON</b>	16
Grilled Beef Tenderloin, Burgundy Veal Reduction, Baked Potato, Daily Vegetable		Grilled Salmon, White Beans, Thyme, Bacon, Tomato	
<b>CHICKEN MARSALA</b>	16	<b>EGGPLANT PARMIGIANA</b>	
Pan Fried Floured Chicken Breast, Marsala Sauce, Mashed Potatoes, Daily Vegetable		Breaded Eggplant Cutlets, Marinara Sauce, Mozzarella, Basil	
<b>SHRIMP STIRFRY</b>	14	<b>PASTA PRIMAVERA</b>	10
Sautéed Shrimp, Rice, Oriental Vegetables, Sesame Soy Sauce		Penne Pasta, Cream Sauce,, Vegetables **Gluten Free Available	
<b>CRAB CAKES</b>	12	<b>VEGETARIAN LENTIL STEW</b>	14
Grilled Crab Cakes, Remoulade		Braised Lentils, Carrots, Celery, Peas,	

### **DUCK CONFIT CASSOULET** 16

Classic Slow cooked French Stew with White Beans, Pancetta, Sausage, and Duck Confit,

### VEGETABLE - STARCH

Broccoli

Green Beans

Baby Carrots

Corn

Green Peas

Mashed Potato

Baked Sweet Potato

Baked Potato

French Fries

Bulgar Wheat

# SANDWICHES

## **GILMAN BURGER**

8

Choice of Beef or Veggie Burger  
Served on a Brioche Bun with Gilman Sauce  
Lettuce, Tomato, Red Onion, Pickle  
Choice of American, Cheddar, Swiss, Bleu  
Cheese Crumbles  
\*\* Add Bacon 2

## **CALIFORNIA CHICKEN**

10

Grilled Chicken Breast  
Served on a Brioche Bun  
Bacon, Monterey Jack Cheese, Avocado  
Lettuce, Tomato, Red Onion, Pickle  
\*\* Plain Grilled Chicken 6

## **QUESADILLA**

4

Monterey Jack Cheese, Salsa, Sour Cream  
Add Chicken 4 Add Guacamole 2  
Add Sauteed Peppers and Corn 1

## **EASTCASTLE MELT**

4

Choice of White, Wheat, or Rye Bread  
Choice of American, Cheddar, Swiss  
Add Tomato Add Ham 3 Add Bacon 2

## **REUBEN**

8

Rye Bread, Corned Beef, Sauerkraut, Swiss  
Cheese, Thousand Island Dressing

## **GRILLED HOT DOG**

4

Served on a Bun

# DESSERT

## **Dessert of the Day**

3

Add 1 Scoop of Vanilla Ice Cream 1

## **COOKIES**

2

Assorted Fresh Baked Cookies

## **ICE CREAM**

3

Cedar Crest Ice Cream  
Choice of Vanilla or Flavor of the Day  
Add Hot Fudge or Caramel