

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			10 am Bible Study (BT2) 1 11 am- March Gazette Reading (BT4) 1:00pm - Fitness w/ Willy -BT2 1:30 pm- Floral Arranging (BT4) 3 pm- Bingo (BT2) 7:00 PM Movie Night - BT1	10 am Daily Chronicles (BT2) 2 11 am- Live Trivia w/ Special Guest (BT1) 1:30 pm- Thursday Travels BT4 2:30 pm Chair Exercises w/ Willy -BT4 Dining Room 3 pm- Dr. Seuss Day! Celebration (BT4)	10 am Daily Chronicles (BT2) 3 11 am- Uno (BT5) 1 pm- Music with Lisa (Virtual) (BT3) 2:30 pm- Trivia (BT5) 3:30 Treat Trolley BT2	10 am Daily Chronicles (BT2) 4 11 am Name Your Exercise BT2 1 pm Resident Ran Journaling Group BT2 2 pm Saturday Movie (BT1) 3 pm Catholic Mass (LH) 7:00 PM Movie Night - BT1
10 am- Daily Chronicles (BT2) 5 11 am- Activity Packet by BT2 1 pm Jigsaw Puzzle w/ friends 1:30 pm Music Listening BT4 2 pm - Church Service (LH/955) 3 pm- Writers Group (BT4)	9:00 am - Meditation (BT2) 6 10 am Fitness with Willy (BT4) 10:30 am Daily Chronicles (BT2) 1 pm Monday Manicures - (BT2) 2:30 pm - Card Making (BT4) 3 pm- Book Club (BT3)	10 am- Daily Chronicles (BT2) 7 11 am- Grief Support Group (BT1) 1:30 PM Low Vision Support Group - BT2 2:30 pm Group Stretch BT4 3:30 pm-Word Games (BT4)	10 am Bible Study (BT2) 8 11 am- March IQ (BT4) 1:00pm - Fitness w/ Willy -BT2 1:30 pm- Floral Arranging (BT4) 3 pm- Bingo (BT2) 7:00 PM Movie Night - BT1	10 am Daily Chronicles (BT2) 9 11 am- Live Trivia w/ Special Guest (BT1) 1:30 pm- Thursday Travels BT4 2:30 pm Chair Exercises w/ Willy -BT4 Dining Room 3 pm- Crossword Puzzle (BT2)	10 am Daily Chronicles (BT2) 10 11am Card Games BT5 1 pm- Music with Lisa (BT3) 2:30pm Trivia (BT5) 3:30 Treat Trolley BT2	10 am Daily Chronicles (BT2) 11 11 am Name Your Exercise BT2 1 pm Resident Ran Poetry Group BT2 2 pm Saturday Movie (BT1) 3 pm Catholic Mass (LH) 7:00 PM Movie Night - BT1
10 am- Daily Chronicles (BT2) 12 11 am- Activity Packet by BT2 1 pm Jigsaw Puzzle w/ friends 1:30 pm Music Listening BT4 2 pm - Church Service (LH/955) 3 pm- Discovering Art w/ Mary (BT4) Daylight Saving Time Begins	9 am - Meditation (BT2) 13 10 am- Fitness with Willy (BT2) 10:30 am Daily Chronicles (BT2) 11:15 am- Journaling Group (BT2) 1 pm Monday Manicures - (BT2) 2:30 pm David Tolan's Music appreciation - LH 3 pm- Book Club (BT3)	10 am- Daily Chronicles (BT2) 14 11 am- Spousal Support Group (BT1) 1:30 pm Hannah & Yeti Pet Therapy Visits - (BT4) 2:30 pm Resident Choice Board Games (BT4) 3:30 pm- Trivia (BT4)	10 am Bible Study (BT2) 15 11 am - Floral Arranging BT4 1:00pm - Fitness w/ Willy -BT2 1:30 pm- Resident Council Meeting (BT2) 2:30 Clover Craft BT4 3 pm- Bingo (BT2) 7:00 PM Movie Night - BT1	10 am Daily Chronicles (BT2) 16 11:00 Irish Music BT2 1:30 pm- Thursday Travels BT4 2:30 pm Chair Exercises w/ Willy -BT4 Dining Room 3:00 PM Pistachio Pudding Snack and St Patrick's Celebration BT4	10 am Daily Chronicles (BT2) 17 11 am- Board Games (BT5) 1:00 PM Irish Dance School Performance - LH 2:30 pm St. Patrick's Trivia (BT5) 3:30 Treat Trolley BT2 St. Patrick's Day	10 am Daily Chronicles (BT2) 18 11 am Name Your Exercise BT2 1 pm Resident Ran Journaling Group BT2 2 pm Saturday Movie (BT1) 3 pm Catholic Mass (LH) 7:00 PM Movie Night - BT1
10 am- Daily Chronicles (BT2) 19 11 am- Activity Packet by BT2 1 pm Jigsaw Puzzle w/ friends 1:30 pm Music Listening BT4 2 pm - Church Service (LH/955) 3 pm- Writers Group (BT4)	9:00 am - Meditation (BT2) 20 10 am- Fitness with Willy (BT2) 10:30 am Daily Chronicles (BT2) 11:15 am- Music: Sing w/ Susie Q (BT2) 1 pm Monday Manicures - (BT2) 2:30 pm Flower Trivia (BT5) 3 pm- Book Club (BT3) Spring Begins	10 am- Daily Chronicles (BT2) 21 10:30 am Kids Impact Community Activity and Parade (BT2) 1 pm Ted Talk BT2 2 pm Let's Listen to Top Hits from the 1950s-BT4 3:30 pm Trivia (BT4)	10 am Bible Study (BT2) 22 11 am- (BT2) 1:00pm - Fitness w/ Willy -BT2 1:30 pm- Floral Arranging (BT4) 3 pm- Bingo (BT2) 7:00 PM Movie Night - BT1 Ramadan Begins	10 am Daily Chronicles (BT2) 23 11 am- Live Trivia w/ Special Guest (BT1) 1:30 pm- Thursday Travels BT4 2:30 pm Chair Exercises w/ Willy -BT4 Dining Room 3 pm- Name that Tune (BT2)	10 am Daily Chronicles (BT2) 24 11am Bean Bag Toss BT5 1 pm- Music with Lisa (Virtual) (BT3) 2:30 pm March Trivia (BT5) 3:30 Treat Trolley BT2	10 am Daily Chronicles (BT2) 25 11 am Name Your Exercise BT2 1 pm Resident Ran Poetry Group BT2 2 pm Saturday Movie (BT1) 3 pm Catholic Mass (LH) 7:00 PM Movie Night - BT1
10 am- Daily Chronicles (BT2) 26 11 am- Activity Packet by BT2 1 pm Jigsaw Puzzle w/ friends 1:30 pm Music Listening BT4 2 pm - Church Service (LH/955) 3 pm- Discovering Art w/ Mary (BT4)	9 am - Meditation (BT2) 27 10 am- Fitness with Willy (BT2) 10:30 am Daily Chronicles (BT2) 11:15 am- (BT2) 1 pm Monday Manicures - BT2 2:30 pm Reminiscing game (BT3) 2 pm Book Club (BT3)	10 am- Daily Chronicles (BT2) 28 10:30 am Morning Stretch (BT2) 11 am Spousal Support Group (BT1) 1 pm Beautiful Questions w/ Pastor Harold (BT2) 2:30 pm Armchair Travels - BT4 3:30 pm- Trivia (BT4)	10 am Bible Study (BT2) 29 11 am- (BT2) 1:00pm - Fitness w/ Willy -BT2 1:30 pm- Floral Arranging (BT4) 3 pm- Bingo (BT2) 7:00 PM Movie Night - BT1	10 am Daily Chronicles (BT2) 30 11 am- Live Trivia w/ Special Guest (BT1) 1:30 pm- Thursday Travels BT4 2:30 pm Chair Exercises w/ Willy -BT4 Dining Room 3 pm- Name that Instrument (BT4)	10 am Daily Chronicles (BT2) 31 11 am- Uno (BT2) 1 pm- Music with Lisa (BT3) 2:30 pm Trivia (BT5) 3:30 Treat Trolley BT2	Bradford Terrace Key Location: BT1-1st floor - (TV Lounge) BT2- 2nd floor - (Activity Room) BT2 CR- 2nd Floor (Conference Rm) BT5 - 5th Floor Dining Room RR- Room to Room LH- Lindsay Hall BTL - Library 2nd Floor

Assisted Living Activities are subject to change. Please check the Highlights.