

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|---|--|---|---|---|--|
| <p>Assisted Living Key Location: BT1-1st floor - (TV Lounge) BT2- 2nd floor - (Activity Room) BT2M- 2nd Floor (Meeting Rm) BT4 - 4th floor (Activity Room) BT5 - 5th Floor Dining Room CT2 - Contemporary 2nd Floor RR- Room to Room *Sign up with Activity Staff</p> | <p>9:00 Meditation BT2 9:30 Chronicles & Coffee BT1 10:00 Fitness with Willy BT4 11:00 Art Activity BT2 1:00 Monday Manicures - BT2 2:00 May Day Flower Activity BT4 3:00 Book Club BT3</p> <p>May Day</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga BT2 11:00 Grief Support Group BT1 11:00 Trivia on BT5 1:30 Low Vision Support Group - BT2 2:30 Group Crossword Puzzle BT2 3:30 Beading Activity BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:00 Bible Study BT2 10:30 Yoga Sit/Stand BT2 11:00 Wellness Wednesday BT5</p> <p>1:00 Fitness w/ Willy -BT2 1:30 Floral Arranging BT4 2:30 Polka Day BT2 3:30 Bingo BT2 7:00 Movie Night - BT1</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga -BT2 11:00 Live Trivia w/ Special Guest BT1 11:00 Games on BT5 1:30 Thursday Travels BT4 2:30 Chair Fitness w/ Willy BT4 3:00 Social w/ 4th Floor BT4 3:30 Word Game BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Cinco De Mayo Party with AL and HC Residents BT4</p> <p>1:00 Music with Lisa BT3 2:30 Cinco De Mayo craft BT4 3:30 Nacho Trolley RR</p> <p>Cinco de Mayo</p> | <p>9:30 Chronicles & Coffee BT1 10:00 Activity with the 3rd Floor Residents—BT3 11:00 Saturday Stretch - BT2</p> <p>1:30 Art'n'Fun with Mary BT4 2:30 Kentucky Derby Day BT4 3:00 Catholic Mass BT1 7:00 PM Movie Night - BT1</p> | |
| <p>9:00 Chronicles & Coffee BT1 11:00 Current Events BT4</p> <p>1:30 Inspirational Music BT4 2:00 Ecumenical Worship Service - BT1/955 2:30 Art and Fun BT4</p> | <p>9:00 Meditation BT2 9:30 Chronicles & Coffee BT1 10:00 Fitness with Willy BT4 11:00 Listen & Learn BT2 1:00 Monday Manicures BT2 2:00 Herb Garden Planting BT4 2:30 David Tolan's Music Appreciation - CT2 3:00 Book Club BT3</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga -BT2 11:00 Spousal Support Group CT2 11:00 Trivia on BT5 1:30 Motivational Words BT2 2:30 Music Appreciation BT4 3:30 Board Games BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:00 Bible Study BT2 10:30 Yoga Sit/Stand (T2 11:00 Wellness Wednesday BT5</p> <p>1:00 Fitness w/ Willy -BT2 1:30 Floral Arranging BT4 2:30 For the Love of Horses BT2 3:30 Bingo BT2 7:00 Movie Night - BT1</p> | <p>9:30 Chronicles & Coffee BT1 10:00 BT Mystery bus Tour* 10:30 Yoga -BT2 11:00 Live Trivia w/ Special Guest BT1 1:30 Thursday Travels BT4 2:30 Chair Fitness w/ Willy BT4 3:00 Social w/ 4th Floor BT4 3:30 Group Crossword BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Cards to Friends & Staff BT2 11 Friday Funnies BT2</p> <p>1:00 Music with Lisa (BT3) 2:30 Word Games BT2 3:30 Treat Trolley RR</p> | <p>9:30 Chronicles & Coffee BT1 10 :00Activity with the 3rd Floor Residents—BT3 11:00 Saturday Stretch - BT2 1:30 Musical Highlight Mozart BT4 2:30 History of Horses BT4 3:00 Catholic Mass BT1 7:00 PM Movie Night - BT1</p> | |
| <p>9:00 Chronicles & Coffee BT1 11:00 Indoor Gardening BT4</p> <p>1:30 Mother's Day Activity BT4 2:00 Ecumenical Worship Service - BT1/955 2:30 Journaling Group BT4</p> <p>Mother's Day</p> | <p>9:00 am - Meditation BT2 9:30 am Chronicles & Coffee BT1 10 am Fitness with Willy BT4 11 am Spring Craft BT2</p> <p>1:00 Monday Manicures - (BT2) 2:00 Card Making (BT4) 3:00 Book Club (BT3)</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga -BT2 10:30 Kids Impact Community Activity BT4 11 am Trivia on BT5 1:30 Crafternoon BT4 2:30 Patio Time (weather permitting) 3:30 Table Talk BT2</p> | <p>9:30 Chronicles & Coffee BT1 10 Bible Study BT2 10:30 Yoga Sit/Stand BT2 11 Wellness Wednesday BT5</p> <p>1 Fitness w/ Willy -BT2 1:30 Resident Council Meeting BT2 2:30 Strawberry Social BT2 3:30 Bingo BT2 7:00 Movie Night - BT1</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga -BT2 11:00 Live Trivia w/ Special Guest BT1 11:00 Games on BT5 1:30 Thursday Travels BT4 2:30 Chair Fitness w/ Willy BT4 3:00 Social w/ 4th Floor BT4 3:30 Word Game BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:30 am Mod Podge Day (craft) BT4 11 Friday Funnies BT2</p> <p>1:00 Music with Lisa (BT3) 2:30 Endangered Species Day BT2 3:30 Treat Trolley RR</p> | <p>9:30 am Chronicles & Coffee BT1 10 :00 Activity with the 3rd Floor Residents—BT3 11:00 Saturday Stretch - BT2</p> <p>1:30 Self Portrait Day BT4 2:30 Endangered Species BT4 3:00 Catholic Mass BT1 7:00 PM Movie Night - BT1</p> | |
| <p>9:00 Chronicles & Coffee BT1 11:00 Current Events BT4</p> <p>1:30 Inspirational Music BT4 2:00 Ecumenical Worship Service - BT1/955 2:30 Discovering Art BT4</p> | <p>9:00 Meditation BT2 9:30 Chronicles & Coffee BT1 10:00 Fitness with Willy BT4 11 am Relaxation Art BT2</p> <p>1:00 Monday Manicures - (BT2) 2:00 Nat'l Maritime Day-Travelogue BT4 3:00 Book Club BT3</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga (BT2) 11:00 Spousal Support Group BT1 11:00 Trivia on BT5 1:30 pm Pet Therapy Hannah/Yeti BT4 2:15pm Lifesounds w/ Lisa - BT2 3:30 pm- Travelogue BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga Sit/Stand BT2 11:00 Wellness Wednesday BT5</p> <p>1:00 Fitness w/ Willy -BT2 1:30 Floral Arranging BT4 2:30 PGA Championship/Golf Activity BT1 3:30 Bingo BT2 7:00 Movie Night - BT1</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga -BT2 11:00 Live Trivia w/ Special Guest BT1 11:00 Games on BT5 1:30 Thursday Travels BT4 2:30 Chair Fitness w/ Willy BT4 3:00 Social w/ 4th Floor BT4 3:30 Family Feud Game BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:00 Nature Center Outing* 1:30 Music Program by Elinor BT4 2:30 Poem Reading BT2 3:30 Treat Trolley RR</p> | <p>9:30 am Chronicles & Coffee BT1 10:00 Activity with the 3rd Floor Residents BT3 11:00 Saturday Stretch BT2</p> <p>1:30 Card Games BT4 2:30 Resident Choice BT4 3:00 Catholic Mass BT1 7:00 PM Movie Night - BT1</p> | |
| <p>9:00 Chronicles & Coffee BT1 11:00 Da Vinci Day BT4</p> <p>1:30 Indy 500 Day BT4 2:00 Ecumenical Worship Service - BT1/955 2:30 Journaling Group BT4</p> | <p>9:00 am - Meditation (BT2) 9:30 am Daily Chronicles BT1 11:00 am Memorial Day Activity BT4</p> <p>1:30 Patriotic Music BT4 2:00 Memorial Day Activity BT4 3:30 Treat Trolley - RR</p> <p>Memorial Day</p> | <p>9:30 Chronicles & Coffee BT1 10:30 Yoga -BT2 11:00 Trivia on BT5</p> <p>1:00 Beautiful Questions w/ Pastor Harold BT2 2:30 Nat'l Creativity Day BT2 3:30 Group Crossword BT2</p> | <p>9:30 Chronicles & Coffee BT1 10:00 Bible Study BT2 10:30 Yoga Sit/Stand BT2 11:00 Wellness Wednesday BT5</p> <p>1:00 Fitness w/ Willy -BT2 1:30 pm Floral Arranging BT4 3:30 pm Bingo BT2 7:00 pm Movie Night - BT1</p> | <p>May 2023</p> | | | |

Assisted Living Activities are subject to change. Please check for calendar updates by BT2 Nursing Station.