

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------

EASTCASTLE PLACE
BRADFORD TERRACE
MEMORY CARE



5	6	7	8	9	10	11
<p>9:00 Sunday Funnies 9:30 Daily Chronicles 10:00 Refreshments 10:30 Inspirational Music 1:00 Pastor Harold Visit 2:00 Ecumenical Service ch955 2:30 Weekend Flick 3:30 Gratitude Group 4:00 Sensory Hand Massage 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 March Madness 1:00 Timeslips 2:00 Refreshment 2:30 Memory Lane 3:00 Book Club 4:00 Current Events 5:30 Musical Mondays</p>	<p>9:30 Morning Stretch 10:00 Refreshments 10:30 Bingo! 1:00 Brain Teaser 2:00 Refreshment 2:30 Would you Rather 3:00 Flex your Brain 4:00 Inspirational Music 5:30 Furry Friends Video</p>	<p>9:30 Morning Wakeup 10:00 Refreshments 10:30 Where were you when 11:00 Memory Game 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Name that Tune 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza! 1:00 Thursday Travels 2:00 Refreshment 2:30 Spa Day! 3:00 Relaxation Music 4:00 Current Events 5:30 Traditions in Ireland</p>	<p>9:30 Morning Stretch 10:00 Refreshments 10:30 Food Trivia 1:00 Lifesounds with Lisa 2:00 Refreshment 2:30 Brain Flex 3:00 Friday Funnies 4:00 Sensory Box 5:30 Friday Flick</p>	<p>9:00 Wakeup your Senses 9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 TED Talks 1:00 Weekend Flick 3:00 Catholic Mass 955 3:30 Honoring Influential women 4:00 Uplifting Music 5:30 Safari Saturday Videos</p>
12	13	14	15	16	17	18
<p>9:00 Sunday Funnies 9:30 Daily Chronicles 10:00 Refreshments 10:30 Inspirational Music 1:00 Pastor Harold Visit 2:00 Ecumenical Service ch955 2:30 Weekend Flick 3:30 Gratitude Group 4:00 Sensory Hand Massage 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Ireland IQ 1:00 Brain Teaser 2:00 Refreshment 2:30 Remember When? 3:00 Book Club 4:00 Sing with Friends 5:30 Musical Mondays</p>	<p>9:30 Morning Stretch 10:00 Refreshment 10:30 Bingo! 1:00 Brain Train 2:00 Refreshment 2:30 Music Appreciation 3:00 Nurse Rhymes 4:00 World News 5:30 Polar Bear Videos</p>	<p>9:30 Prayer Circle w/ Legacy 10:00 Refreshments 10:30 Humming Fun 11:00 Brain Flex 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Time Travel to the 60's 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza! 1:00 Thursday Travels 2:00 Refreshment 2:30 Spa Day! 3:00 Relaxation Music 4:00 Current Events 5:30 Wisconsin Videos</p>	<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Timeslips 1:00 Lifesounds w/ Lisa 1:45 Irish Dancers 2:30 Refreshment 3:00 Humor Club 4:00 Irish Music 5:30 Friday Flick</p>	<p>9:00 Morning Wakeup 9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 TED Talks 1:00 Weekend Flick 3:00 Catholic Mass 955 3:30 Shake Loose a Memory 4:00 Music from the 60's 5:30 Safari Saturday Videos</p>
19	20	21	22	23	24	25
<p>9:00 Sunday Funnies 9:30 Daily Chronicles 10:00 Refreshments 10:30 Inspirational Music 1:00 Pastor Harold Visit 2:00 Ecumenical Service ch955 2:30 Weekend Flick 3:30 Gratitude Group 4:00 Sensory Hand Massage 5:30 Resident Choice</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Songs with Green 1:00 Flower Trivia 2:00 Refreshment 2:30 Let's Recall 3:00 Book Club 4:00 Chair dancing 5:30 Musical Mondays</p>	<p>9:30 Morning Stretch 10:00 Refreshment 10:30 Bingo! 1:00 Mardi Gras History 2:00 Refreshment 2:30 Fat Tuesday Snack 3:00 Music Listening: Jazz 4:00 Short Stories 5:30 Bird Sensory Videos</p>	<p>9:30 Morning Wakeup 10:00 Refreshments 10:30 Familiar Slogans 11:00 Finish the Phrase 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Bird Sensory Videos 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza! 1:00 Thursday Travels 2:00 Refreshment 2:30 Spa Day! 3:00 Relaxation Music 4:00 Current Events 5:30 Famous History videos</p>	<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Rhyme Time 1:00 Lifesounds w/ Lisa (V) 2:00 Refreshment 2:30 Brain Train 3:00 Friday Funnies 4:00 Inspirational Music 5:30 Friday Flick</p>	<p>9:00 Wakeup your Senses 9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 TED Talks 1:00 Weekend Flick 3:00 Catholic Mass 955 3:30 Scategories 4:00 Favorite Country Songs 5:30 Safari Saturday Videos</p>
26	27	28	29	30	31	
<p>9:00 Sunday Funnies 9:30 Daily Chronicles 11:00 Refreshments 10:30 Inspirational Music 1:00 Pastor Harold Visit 2:00 Ecumenical Service ch955 2:30 Weekend Flick 3:30 Gratitude Group 4:00 Sensory Hand Massage 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Word Association 1:00 Brain Teaser 2:00 Refreshment 2:30 Reminiscing game 3:00 Book Club 4:00 Sing with Friends 5:30 Musical Mondays</p>	<p>9:30 Morning Stretch 10:00 Refreshments 10:30 Bingo! 1:00 Brain Teaser 2:00 Refreshment 2:30 Which one does not belong 3:00 Flex your Brain 4:00 Inspirational Music 5:30 Wisconsin Videos</p>	<p>9:30 Breathing Exercises 10:00 Refreshments 10:30 Brain Train 11:00 Finish the Phrase 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Name that Tune 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza! 1:00 Thursday Travels 2:00 Refreshment 2:30 Spa Day! 3:00 Relaxation Music 4:00 Current Events 5:30 Furry Friends Video</p>	<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Time Slips 1:00 Lifesounds w/ Lisa 2:00 Refreshment 2:30 Exercise Scarves 3:00 Humor Club 4:00 Did you know about WI 5:30 Friday Flick</p>	<p>ACTIVITES TO TAKE PLACE IN THE 3RD FLOOR ACTIVITIES ROOM OF BRADFORD TERRACE UNLESS INDICATED. ACTIVITIES ARE SUBJECT TO CHANGE. Green—Nursing support.</p>