

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2023

**Health Center Location Key:**

- DR- 4th Floor Dining Rm
- DR 5 - 5th Floor Dining Rm
- BT4- 4th Floor Activity Rm
- BT3-3rd Floor Activity Rm
- BT2-2nd Floor Activity R
- BT1 - 1st Floor TV Lounge
- LH - Lindsay Hall / RR- Room to Room
- Green - Nursing support
- \*Sign up w Activity Staff for special events.
- \*Manicures -set up w/ Activity Staff



<p>3</p> <p>9:30 Morning Wakeup – BT4 10:30 Resident Choice BT4 1:00 Current Events BT4 2:00 Ecumenical Worship Service -LH/955 2:30 Art and Fun BT4 3:30 Social Visits RR 4:30 Uplifting Music DR</p> <p style="text-align: center;">Grandparents Day</p>	<p>4</p> <p>9:30 Gratitude Sharing –RR 10:00 Chair Exercise /Willy–BT4 10:30 Labor Day Activity -BT4 1:30 Group Art -BT4 2:30 Parfait Party -BT4 3:30 Parfait Trolley - RR 4:30 Current Events - DR</p> <p style="text-align: center;">Labor Day</p>	<p>5</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza BT3 11:00 Trivia w/ Aaron BT5 12:45 Dine-in Social: National Cheese Pizza Day DR 2:30 Crafternoon -BT4 3:30 Table Talk BT4 4:30 Evening Puzzles DR</p>	<p>6</p> <p>9:30 Prayer Circle - BT3 10:00 Fitness Fun - BT4 10:30 Brain Games - BT4 11:00 Wellness Wednesday -BT5 1:30 Floral Arranging BT4 2:30 Flower Trolley RR 3:30 Current Events &amp; Coffee BT4 4:30 Learn Your Neighbor DR</p>	<p>7</p> <p>9:30 Social Visits RR 10:00 Explore Milwaukee Tour 10:00 Bingo Bonanza BT3 11:00 Games w/ Aaron BT5 1:30 Courtyard Patio Jazz Time 2:30 Chair Exercises w/ Willy – BT4 3:00 Mocktails and Music - BT4 4:30 Inspirational Music DR</p>	<p>8</p> <p>9:30 Morning Wakeup RR 10:00 National Stand Up to Cancer Day -BT4 10:30 Ribbons Craft - BT4 1:00 Life Sounds w/ Lisa - BT3 2:30 Star Trek Day - BT4 3:30 Treat Trolley RR 4:30 Relaxation Music DR</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>9</p> <p>9:00 Watering Indoor Plants BT4 9:30 Fitness Activity BT3 10:00 Resident Choice –BT4 1:30 Weekend Craft - BT4 2:30 Movie w/ Friends - BT4 3:00 Catholic Mass LH 4:30 Motivation Music DR</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>10</p> <p>9:30 Morning Wakeup – BT4 10:30 Resident Choice BT4 1:00 Current Events BT4 2:00 Ecumenical Worship Service -LH/955 2:30 Art and Fun BT4 3:30 Social Visits RR 4:30 Uplifting Music DR</p>	<p>11</p> <p>9:30 Gratitude Sharing –RR 10:00 Chair Exercise /Willy–BT4 10:30 September 11 Documentary - BT4 1:30 Group Art -BT4 2:30 Baking w Friends BT4 3:30 Bakers Trolley - RR 4:30 Current Events - DR</p>	<p>12</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza BT3 11:00 Trivia w/ Aaron BT5 1:30 David Tolan's Music Program - BT4 3:30 Puzzle Party BT4 4:30 Sundown Games DR</p>	<p>13</p> <p>9:30 Prayer Circle - BT3 10:00 Fitness Fun - BT4 10:30 Brain Games BT4 11:00 Wellness Wednesday BT5 1:30 Floral Arranging BT4 2:30 Flower Trolley RR 3:30 Current Events &amp; Coffee BT4 4:30 Uplifting Music - DR</p>	<p>14</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza -BT3 11:00 Games w/ Aaron -BT5 1:30 Let it Roll Bowling -BT4 2:30 Chair Exercises w/ Willy – BT4 3:00 Mocktails and Music- BT4 4:30 Inspirational Music DR</p>	<p>15</p> <p>9:30 Morning Wakeup RR 10:00 National Make a Hat Day -BT4 11:00 Hat Making Craft -BT4 1:30 Castle Casino - BT4 2:30 The Rifleman -BT4 3:30 Treat Trolley RR 4:30 Relaxation Music DR</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>16</p> <p>9:00 Watering Indoor Plants BT4 9:30 Fitness Activity BT3 10:00 Resident Choice –BT4 1:30 Weekend Craft - BT4 2:30 Movie w/ Friends - BT4 3:00 Catholic Mass LH 4:30 Motivation Music DR</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>17</p> <p>9:30 Morning Wakeup – BT4 10:30 Resident Choice BT4 1:00 Current Events BT4 2:00 Ecumenical Worship Service -LH/955 2:30 Art and Fun BT4 3:30 Social Visits RR 4:30 Uplifting Music DR</p>	<p>18</p> <p>9:30 Gratitude Sharing –RR 10:00 Chair Exercise /Willy–BT4 10:30 Zen Sensory &amp; Meditation - BT4 1:30 Group Art -BT4 2:30 Cooking w Friends BT4 3:30 Snack Trolley - RR 4:30 Current Events - DR</p>	<p>19</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza BT3 11:00 Trivia w/ Aaron BT5 1:30 Arts n Crafts BT4 2:30 Wheel of Fortune Battle - BT4 3:30 Craft Trolley RR 4:30 Symphony Hour DR</p>	<p>20</p> <p>9:30 Prayer Circle - BT3 10:00 Fitness Fun - BT4 10:30 Brain Games BT4 11:00 Wellness Wednesday -BT5 1:30 Floral Arranging BT4 2:30 Flower Trolley RR 3:30 Octoberfest Pretzels and Cheese Gathering - BT4 4:30 Boardgames -DR</p>	<p>21</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza -BT3 11:00 Games w/ Aaron -BT5 1:30 World Alzheimer's Day -BT4 2:30 Chair Exercises w/ Willy – BT4 3:00 Mocktails and Music- BT4 4:30 Inspirational Music DR</p>	<p>22</p> <p>9:30 Morning Wakeup RR 10:00 What's the "Tea and Crumpets" Social Hour -BT4 11:00 Arts and Crafts - BT4 1:30 Castle Casino - BT4 2:30 National Ice Cream Cone Day - BT4 3:30 Treat Trolley RR 4:30 Relaxation Music DR</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>23</p> <p>9:00 Watering Indoor Plants BT4 9:30 Fitness Activity BT3 10:00 Resident Choice –BT4 1:30 Weekend Craft - BT4 2:30 Movie w/ Friends - BT4 3:00 Catholic Mass LH 4:30 Motivation Music DR</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>24</p> <p>9:30 Morning Wakeup – BT4 10:30 Resident Choice BT4 1:00 Current Events BT4 2:00 Ecumenical Worship Service -LH/955 2:30 Art and Fun BT4 3:30 Social Visits RR 4:30 Uplifting Music DR</p> <p style="text-align: center;">Yom Kippur</p>	<p>25</p> <p>9:30 Gratitude Sharing –RR 10:00 Chair Exercise /Willy–BT4 10:30 National Food Service Employee Day Craft -BT4 1:30 Group Art -BT4 2:30 Caricatures w/ Rod - BT4 3:30 Treat Trolley - RR 4:30 Current Events - DR</p>	<p>26</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza BT3 11:00 Resident Counsel Meeting - BT4 1:00 Life Sounds w/ Lisa -BT3 2:30 September Birthdays Party- DR 3:30 Table Talk BT4 4:30 Evening Puzzles DR</p>	<p>27</p> <p>9:30 Prayer Circle - BT3 10:00 Fitness Fun - BT4 10:30 Brain Games - BT4 11:00 Wellness Wednesday - BT5 1:30 Floral Arranging BT4 2:30 Flower Trolley RR 3:30 Current Events &amp; Coffee BT4 4:30 Resident Choice Music - DR</p>	<p>28</p> <p>9:30 Social Visits RR 10:00 Bingo Bonanza -BT3 11:00 News &amp; Coffee - BT4 1:00 Milwaukee Art Museum Outing 2:30 Chair Exercises w/ Willy – BT4 3:00 Mocktails and Music -BT4 4:30 Inspirational Music DR</p>	<p>29</p> <p>9:30 Morning Wakeup RR 10:30 National Coffee Day -BT4 11:00 Coffee Bean Project Art - BT4 1:30 Castle Casino - BT4 2:30 The Beatles LIVE - BT4 3:30 Treat Trolley RR 4:30 Relaxation Music DR</p> <p style="text-align: center;">Sukkot Begins</p>	<p>30</p> <p>9:00 Watering Indoor Plants BT4 9:30 Fitness Activity BT3 10:00 Resident Choice –BT4 1:30 Weekend Craft - BT4 2:30 Movie w/ Friends - BT4 3:00 Catholic Mass LH 4:30 Motivation Music DR</p> <p style="text-align: center;">Autumn Begins</p>

\*Bradford Terrace 4th/5th Floor- Health Center Activities are subject to change. Please see Activity staff / Coordinator Rodney Johnson for questions. 414-963-6154 ex. 6154 / RJohnson@eastcastleplace.com