

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Activities are held in Bradford Terrace 3rd Floor Activity Room or Dining Room. Ecumenical Service and Catholic Mass is held BT1 or otherwise indicated.</p> <p>Attention Families - *5/4 Bring Favorite photo of yourself or loved ones *5/26 Bring Favorite Old T-shirt</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:00 May Gazette 10:30 Current Events 1:00 Welcome May Activity 2:00 Refreshments 2:30 Lei for May Day 3:30 Book Club 4:00 Refresh Program 5:30 Sensory Box</p>	<p>9:45 Morning Stretch 10:15 Refreshments 10:30 Bingo 1:00 Flex Your Brain 2:00 Refreshments 2:30 Would you Rather 3:00 Sunglasses Day: Bead Activity 4:00 Refresh Program 5:30 Furry Friends Video Happy Birthday Bill</p>	<p>9:30 Prayer Circle 10:00 Refreshments 10:15 Flower Making Craft 11:00 Refresh Program 1:00 Junk Drawer Activity 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Refresh Program 5:30 Animal Activity</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza 1:00 Favorite Photo Day 2:00 Refreshments 2:30 Frame Activity* 3:00 Relaxation Music/Spa 4:00 Refresh Program 5:30 Famous Presidents Happy Birthday Don</p>	<p>9:00 Morning Stretch 10:00 Refreshments 10:30 Cinco De Mayo Fiesta 1:00 Life sounds w Lisa 2:00 Refreshments 2:30 Cinco De Mayo Activity 3:00 Spanish Music Hour 4:00 Refresh Program 5:30 Friday Flick</p>	<p>9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 Kentucky Derby Day/ Horse Art 1:00 Weekend Flick 3:00 Catholic Mass BT1 / Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday</p>	
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Activity w/ HC Staff 1:00 Inspirational Music 2:00 Ecumenical Service ch955 2:30 Positive Sayings 3:00 Pastor Harold Visit 4:00 Sensory Hand Massage 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:00 Group Art 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Refresh Program 5:30 Bird Sensory Activity</p>	<p>9:45 Morning Stretch 10:15 Refreshment 10:30 Bingo 1:00 Brain Train 2:00 Refreshments 2:30 Europe Day 3:00 History of Ancient Music 4:00 Refresh Program 5:30 World News</p>	<p>9:45 Sit &amp; Be Fit 10:00 Refreshments 10:15 Live Animal Cam/Talk 11:00 Refresh Program 1:00 Ocean Day Activity 2:00 Refreshments 2:30 Spa Day 3:00 Painting and Wine 4:00 Refresh Program 5:30 Wisconsin Videos</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:00 BT Mystery Bus Tour 10:30 Bingo Bonanza 1:00 Thursday Travels 2:00 Refreshments 2:30 Mothers Wordsearch 3:00 Art with Buttons 4:00 Refresh Program 5:30 Time Travel to the 30's</p>	<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Timeslips 1:00 Lifesounds w/ Lisa 2:00 Refreshments 2:30 Mothers Day Activity 3:00 Relaxation Music 4:00 Refresh Program 5:30 Friday Flick</p>	<p>9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 Mozart's Life/Music 1:00 Weekend Flick 3:00 Catholic Mass BT1/ Service played on IN2L 4:00 Music from the 60's 5:30 Safari Saturday Videos</p>	
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Activity w/ HC Staff 1:00 Inspirational Music 2:00 Ecumenical Service ch955 2:30 Positive Readings 3:00 Pastor Harold Visit 4:00 Sensory Hand Massage 5:30 World News Happy Mother's Day</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:00 Singing w/ Susie Q 1:00 Baking Cookies with Kim 2:00 Refreshments 2:30 Chocolate Chip Day 3:00 Book Club 4:00 Refresh Program 5:30 Musical Mondays</p>	<p>9:45 Morning Stretch 10:15 Refreshment 10:30 Bingo 1:00 Arts and Fun 2:00 Refreshments 2:30 Jigsaw Activity 3:00 Music Listening: Soul 4:00 Refresh Program 5:30 Short Stories</p>	<p>9:30 Prayer Circle 10:00 Refreshments 10:30 Familiar Slogans 11:00 Refresh Program 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Poetry Club 4:00 Refresh Program 5:30 Hands on Sensory Group</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza 1:00 Thursday Travels 2:00 Refreshments 2:30 I Love Reese's Day 3:00 Reese's Cup Making 4:00 Refresh Program 5:30 Famous History videos</p>	<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Pizza Party Day! 1:00 Lifesounds w/ Lisa 2:00 Refreshments 2:30 Armed Forces History 3:00 Friday Funnies 4:00 Refresh Program 5:30 Friday Flick</p>	<p>9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 TED Talks 1:00 Weekend Flick 3:00 Catholic Mass BT1 / Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday Armed Forces Day</p>	
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Activity w/ HC Staff 1:00 Inspirational Music 2:00 Ecumenical Service ch955 2:30 Positive Sayings 3:00 Pastor Harold Visit 4:00 Sensory Hand Massage 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:00 Cooking with Kim 1:00 Sensory Art 2:00 Refreshments 2:30 Reminiscing game 3:00 Book Club 4:00 Refresh Program 5:30 Name that Musical</p>	<p>9:45 Morning Stretch 10:15 Refreshments 10:30 Bingo 1:00 Lifesounds w/ Lisa 2:00 Refreshments 2:30 World Turtle Day 3:00 Turtley Cool Activities 4:00 Refresh Program 5:30 Wisconsin Videos</p>	<p>9:45 Breathing Exercises 10:15 Refreshments 10:30 Letterboxing Day 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 2:30 Writing a Letter to Me 3:30 Poetry Club 4:00 Refresh Program 5:30 Guess what I am?</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:30 Bingo Bonanza 1:00 Thursday Travels 2:00 Refreshments 2:30 Lilac Day 3:30 Flower Travia 4:00 Refresh Program 5:30 Furry Friends Video</p>	<p>9:30 Daily Chronicles 10:00 Refreshments 10:00 Nature Center Outing - *See Kim 10:30 Exercise Scarves 11:00 Refresh Program 1:00 Pillow Talk Craft* 2:00 Refreshments 2:30 Flower Project 3:30 Humor Club 4:00 Refresh Program 5:30 Friday Flick</p>	<p>9:30 Activity w/ Fitness 10:00 Hydration Station 10:30 TED Talks 1:00 Weekend Flick 3:00 Catholic Mass BT1 / Service played on IN2L 4:00 Uplifting Music 5:30 Safari Saturday</p>	
<p>9:30 Daily Chronicles 10:00 Refreshments 10:30 Activity w/ HC Staff 1:00 Inspirational Music 2:00 Ecumenical Service ch955 2:30 Positive Readings 3:00 Pastor Harold Visit 4:00 Sensory Hand Massage 5:30 World News</p>	<p>9:00 Fitness with Willy 9:30 Hydration Station 10:00 Word Scrabble 1:00 Red, White, Blue Art 2:00 Refreshments 2:30 Documentary: Memorial Day 3:30 Book Club 4:00 Refresh Program 5:30 Time Travel to the 60s</p>	<p>9:45 Morning Stretch 10:15 Refreshment 10:30 Bingo 1:00 Arts and Fun 2:00 Refreshments 2:30 Remember this Commercial? 3:00 Music Listening: The 50's 4:00 Refresh Program 5:30 Old Fashion Games</p>	<p>9:45 Meditation 10:15 Refreshments 10:30 Horse Movie Day Activity 11:00 Refresh Program 1:00 Energize Aromatherapy 1:30 Fitness with Willy 2:00 Hydration 3:00 Painting and Wine 4:00 Refresh Program 5:30 Name that Tune</p>	 <p>May 2023</p>			

Bradford Terrace 3rd Floor Activities are subject to change without notice. See Community Life staff if you have any questions, Please contact Kim 414-963-6152, [kgarcia@eastcastleplace.com](mailto:kgarcia@eastcastleplace.com).