

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

* - Livestreamed on 955

BR - Board Room BT1 - Bradford Terrace 1st Floor Lounge BT2 - Bradford Terrace 2nd Floor Activity Room BT4 - Bradford Terrace 4th Floor Activity Room CC - Creativity Center DR - Dining Room GC - Gazebo Courtyard H2 - Historic 2nd Floor Lounge L - Lobby LH - Lindsay Hall LT1 - Lake Terrace 1st Floor Card Room LT2- Lake Terrace 2nd Floor Library LT3 - Lake Terrace 3rd Floor Art Studio LTO - Lake Terrace 4th Floor Overlook LTL Lake Terrace 4th Floor Lounge MC - Main Courtyard MR - Meditation Room (Historic Terrace 3rd Floor)

Contact Evan Riegler (eriegler@eastcastleplace.com/414-963-8408) with any questions.*

<p>11:30 AM - 1:00 PM Easter Brunch (Reservations Required) ⁵</p>	<p>⁶ 11:30 AM ROMEO's (Retired Old Men Eating Out) at Canela Cafe - Meet in Lobby 1:00 PM Pianist Daniel Beliaevsky - LH 2:30 PM Junior League Singers - LH</p>	<p>⁷ 2026 Spring Election 9:00 AM Trip to the Polls</p>	<p>⁸ 11:00 AM Eating Well with a Small Appetite with Clara Fouch - LH 7:00 PM Movie Time "Driving Madeleine" - MT</p>	<p>⁹ 1:00 PM Foreign Films "This Is Not a Burial, It's a Resurrection" (2019, Lesotho, Africa) - MT</p>	<p>¹⁰ 9:45 AM Symphony Group 1 Departs 10:30 AM Symphony Group 2 Departs 4:00 PM Cocktails with Dillion - 1884</p>	<p>¹¹ 7:00 PM Movie Time "Network" - MT</p>
<p>¹²</p>	<p>¹³ 1:00 PM Latte'swith Lindsey - LH 2:00 PM "Forensic Science Wisconsin Crime Laboratory" with Bob Block - LH</p>	<p>¹⁴ 1:00 PM Andrew Dressel "Wildlife in Estabrook Park" - LH</p>	<p>¹⁵ 2:30 PM Food and Beverage Town Hall - LH 4:00 PM Happy Hour- 1884 7:00 PM Movie Time "Pretty Woman" - MT</p>	<p>¹⁶ 1:00 PM Great Courses "Cycles of American Political Thought " - MT 2:00 PM St. John's Bible Presentation with Margaret Schoewe - MT</p>	<p>¹⁷ 9:30 AM Art in Bloom (See App Description for Admission Prices)/Boxed Lunch (12 Points)</p>	<p>¹⁸ 7:00 PM Movie Time "Last Stop In Yuma County" - MT</p>
<p>¹⁹</p>	<p>²⁰ 10:00 AM - 11:00 AM Earth Day Clean Up - Meet in BT Lobby 1:00 PM Town Hall with State Senator Chris Larson - LH</p>	<p>²¹ 1:00 PM "Troubled Waters" Playreading - LH 1:30 PM Circle of Sharing - LH 1:30 PM Harper Marten "The Art of Aging" - CC</p>	<p>²² 2:00 PM State of Milwaukee Waterways with Jennifer Bolger Breceda - LH 7:00 PM Movie Time "Tapped" - MT</p>	<p>²³ Spirit Day - Wear Pink! 1:00 PM State of the Castle - LH</p>	<p>²⁴ 9:30 AM Tour of the UWM School of Freshwater Sciences/Lunch at O'Lydia's</p>	<p>²⁵ 7:00 PM Movie Time "Dark Waters" - MT</p>
<p>²⁶</p>	<p>²⁷ 2:00 PM ECP Community Wellness Series: Bradford Terrace, Community Life and Connection - LH</p>	<p>²⁸ 1:00 PM Diane Spector - Introduction to Judaism - LH</p>	<p>²⁹ 1:00 PM Chair Volleyball with the Catholic Home - LH 2:30 PM April Birthday Party - 1884 7:00 PM Movie Time "Ladies in Lavender" - MT</p>	<p>³⁰ 1:00 PM ECP Variety Show hosted by Tim Kehl - LH</p>	<p style="text-align: center;">April 2026</p>	

Monthly Highlights

Recurring Activities

4/2 Intro to Pilates

Tamara Burkett is a certified Peak Pilates and Oov instructor who specializes in improving balance, posture, and functional movement for active adults. Her approach helps participants move with greater confidence, stability, and ease in everyday activities like walking, standing, reaching, and getting up safely. Using gentle, guided Pilates techniques and supportive tools such as the Oov, Tamara helps the body activate naturally without strain or impact. Her classes are welcoming, accessible, and designed to meet people where they are—no prior experience required.

4/6 Daniel Belivsky

Daniel Belivsky is an accomplished pianist who has been performing at Eastcastle for many years, becoming a familiar and beloved presence in the community. Known for his expressive playing and engaging style, Daniel blends classical favorites with well-loved melodies to create a warm and enjoyable musical experience. His performances are both relaxing and uplifting, offering audiences the chance to sit back and enjoy beautiful live piano music.

4/8 Eating Well with a Small Appetite

Eating Well with a Small Appetite, explains why appetite often changes with age and how that can affect overall health. It emphasizes the importance of still eating enough to maintain energy, strength, and well-being, even when you don't feel very hungry. The presentation highlights key foods to focus on to support muscle and body function. It also shares practical tips and simple strategies to help make eating easier, more appealing, and more enjoyable.

4/13 Forensic Science Wisconsin Crime Laboratory

Step into the world of real-life crime solving and forensic investigation! If you've ever been captivated by shows like CSI, this presentation is your chance to see how forensic science works beyond the screen. You'll explore the fascinating field services of the Wisconsin Crime Lab and discover how each area of analysis—from drug evidence to crime scene investigation—helps bring truth to light. Hear directly from an expert forensic analyst who will share stories of real courtroom drama, unusual drug cases, and haunting crime scenes. Get ready for an experience that's as informative, educational, and unforgettable as it is thrilling.

4/14 Wildlife in Estabrook Park

Join us for a visual journey featuring images of amazing wildlife from around the world that can be found a couple of steps off the beaten path. From back yards to town parks, hotel grounds, and even water treatment plants acting as migratory bird sanctuaries, nature's stunning beauty is almost everywhere you look.

4/20 Town Hall with State Senator Chris Larson

We are pleased to welcome Chris Larson for a visit and open conversation with residents. Senator Larson may briefly share updates on current topics being discussed in the Wisconsin State Senate, but the primary focus of his visit will be to hear directly from residents and answer questions about the issues that matter most to them. This is a great opportunity to engage in a thoughtful discussion and share your perspectives. All who are interested are encouraged to attend and participate in the conversation.

4/27 Community Wellness Series – BT Community Life

Join us for an informative and engaging presentation exploring Community Life in Bradford Terrace. Learn more about the vibrant life enrichment programming, supportive services, and opportunities for continued connection across our community. This is a great opportunity to gain insight, ask questions, and discover how all areas of Eastcastle work together to support an active and fulfilling lifestyle. All are welcome to attend!

4/28 Introduction to Judaism

Join us for a lively and personal overview of the first 3,000 years of Judaism with Diane Spector. Drawing on a lifetime of experiences—from growing up in a vibrant Milwaukee Jewish neighborhood to volunteering, learning, and hosting Passover Seders for hundreds of guests—Diane will share stories, insights, and lessons that make Jewish life rich, meaningful, and full of humor. Bring your curiosity and questions (asking them is a very Jewish thing!) and enjoy a warm, informative look at traditions, history, and culture.

Monday

9:00 AM Meditation- LT1

Every Other Tuesday 9:00 AM -
12:00 PM Nurse Practitioner -
CN Clinic

2:00 PM - 4:00 PM Treasure
Chest

Tuesday

2nd 9:30 AM Sandwich Making - CC

9:30 AM Billiards - Billiards Table

10:00 AM Mahjong - LTL

@ 10:30am Spousal Support Group -MR

1st @ 2:00 PM Grief Support Group - MR
1st @ 3:00 PM Low Vision Support Group -
Gilman Private Dining Room

2:30 PM - 4:00 PM ECP Choir Practice - LH
(Seasonaly)

4th @ 3:00 PM Short Story Group - NPT2

Wednesday

10:00 AM Bible Study - BT1

1:00 PM Blood Pressure Checks
- CN Clinic

1:00 PM Volleyball - LH

1:30 PM Shopping Outing
(See Signup For Weekly Store)

2:15 PM French Language
Learning - LT Lounge

1st & 3rd @ 3:00 PM Writer's
Group - H2

2nd & 4th @ 3:00 PM Plarn -
1884

7:00 PM Movie Time - MT

Thursday

11:00 AM Live Trivia W/ Mike - BT1

1st and 3rd @ 1:00 PM Great Courses-
MT

2nd @ 1:00 PM Foreign Films - MT

2nd @ 1:00 PM IT Open Office - LTO

2:00 PM Cribbage - LTO

1st @ 3:00 PM Poetry Group - NPT2

3:30 PM Concerned Citizens - LTL

Friday

1st @ 3:00 PM Play Reading Group -
LH

By appointment/Contact Scott @
Mac Support Group - Transporation
Office

2:30 PM Chair Volleyball - LH (No
Volleyball on the 1st Friday)

3rd @ 3:00 PM Book Club - LTL

10:00 AM - 12:00 PM Treasure Chest

Saturday

1:30 PM Fiber
Fanatics - CC

3:00 PM Catholic
Mass - LH

7:00 PM Movie Time
- MT

Sunday

2:00 PM Ecumenical
Church Service - LH

3:00 PM Game Time
- LT Card Room

4:00 PM Trivial
Pursuit - NPT2

Committee Meetings

Art - BT1 - 2nd Tue @ 11:00AM

Communications - As Needed

Council Meeting – DR - 3rd Thu @ 9:30AM

Decor Committee - LT3 - 3rd Thurs @ 10:00AM

Food & Beverage – DR - 1st Wed @ 9:30AM

Garden - As Needed

Green Team - H3 - 1st Tue @ 12:30PM

Library - As Needed

Lifestyle - BR - 1st & 3rd Tue @ 11:00AM

Movie – MT - 1st Wed @ 9:00AM

Welcome Ambassadors - As Needed

Wellness – DR- 1st Thu @ 11:00AM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 2026		RAE OFF 1 8:00 AM Mind Body Flow with Misa- CC 9:30 AM Aqua with Mary- Pool 10:15 AM Yoga with Misa- CC 10:15 AM Stretch and Tone with Mary- LH 1:00 PM Chair Volleyball - LH 2:00 PM Afternoon Pick Me Up with Mary- FC	RAE OFF 2 8:00 AM Group Strength with Evan - FC 10:15 AM Balance and Posture with Evan- LH 11:00 AM Introduction to Pilates with Tamara Burkett - LH (NEW CLASS) 2:00 PM Afternoon Pick Me Up with Evan - FC	3 9:30 AM Aqua with Evan- Pool 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan- FC	WILL OFF 4 NO GROUP CLASSES
5 NO GROUP CLASSES	RAE OFF 6 8:00 AM Group Strength with Evan - FC 9:30 AM Aqua with Evan- Pool 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan - FC (CANCELLED) 8:00 AM Mind Body Flow with Rae - CC 10:15 AM Yoga with Rae- CC	7 8:00 AM Group Strength with Evan - FC 10:15 AM Gentle Yoga/Qigong with Cathy - CC 10:15 AM Balance and Posture with Evan - LH 2:00 PM Afternoon Pick Me Up with Evan - FC	8 8:00 AM Mind Body Flow with Rae- CC 9:30 AM Aqua with Mary- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Mary- LH 1:00 PM Chair Volleyball - LH 2:00 PM Steady and Strong with Mary- FC (NEW CLASS!)	9 8:00 AM Group Strength with Evan - FC 10:15 AM Balance and Posture with Rae- LH 2:00 PM Afternoon Pick Me Up with Evan - FC	10 9:30 AM Aqua with Evan- Pool 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan- FC	11 9:30 AM-Aqua Aerobics with Will- Pool 10:15 AM- Balance and Posture with Will- LH
12 NO GROUP CLASSES	13 8:00 AM Mind Body Flow with Rae - CC 8:00 AM Group Strength with Evan - FC 9:30 AM Aqua with Rae- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan - FC	14 8:00 AM Group Strength with Evan - FC 10:15 AM Balance and Posture with Evan - LH 2:00 PM Afternoon Pick Me Up with Evan - FC	15 8:00 AM Mind Body Flow with Rae- CC 9:30 AM Aqua with Mary- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Mary- LH 1:00 PM Chair Volleyball - LH 2:00 PM Steady and Strong with Mary- FC	16 8:00 AM Group Strength with Evan - FC 10:15 AM Balance and Posture with Rae- LH 2:00 PM Afternoon Pick Me Up with Evan - FC	17 9:30 AM Aqua with Evan- Pool 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan- FC 2:30 PM Chair Volleyball - LH (NEW CLASS)	18 9:30 AM-Aqua Aerobics with Will- Pool 10:15 AM- Balance and Posture with Will- LH
19 NO GROUP CLASSES	20 8:00 AM Mind Body Flow with Rae - CC 8:00 AM Group Strength with Evan - FC 9:30 AM Aqua with Rae- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan - FC	21 8:00 AM Group Strength with Evan - FC 10:15 AM Gentle Yoga/Qigong with Cathy - CC 10:15 AM Balance and Posture with Evan - LH 2:00 PM Afternoon Pick Me Up with Evan - FC	22 8:00 AM Mind Body Flow with Rae- CC 9:30 AM Aqua with Mary- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Mary- LH 1:00 PM Chair Volleyball - LH 2:00 PM Steady and Strong with Mary- FC	23 8:00 AM Group Strength with Evan - FC 10:15 AM Balance and Posture with Rae- FC (LOCATION CHANGE) 2:00 PM Afternoon Pick Me Up with Evan - FC	24 9:30 AM Aqua with Evan- Pool 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan- FC 2:30 PM Chair Volleyball - LH (NEW CLASS)	25 9:30 AM-Aqua Aerobics with Will- Pool 10:15 AM- Balance and Posture with Will- LH
26 NO GROUP CLASSES	27 8:00 AM Mind Body Flow with Rae - CC 8:00 AM Group Strength with Evan - FC 9:30 AM Aqua with Rae- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Evan- LH 2:00 PM Afternoon Pick Me Up with Evan - FC	28 8:00 AM Group Strength with Evan - FC 10:15 AM Gentle Yoga/Qigong with Cathy - CC 10:15 AM Balance and Posture with Evan - LH 2:00 PM Afternoon Pick Me Up with Evan - FC	29 8:00 AM Mind Body Flow with Rae- CC 9:30 AM Aqua with Mary- Pool 10:15 AM Yoga with Rae- CC 10:15 AM Stretch and Tone with Mary- LH 1:00 PM Chair Volleyball with Catholic Home- LH 2:00 PM Afternoon Pick Me Up with Mary - FC	30 8:00 AM Group Strength with Evan - FC 10:15 AM Balance and Posture with Rae- LH 2:00 PM Afternoon Pick Me Up with Evan - FC		

Key For Calendar: LH= Lindsay Hall; FC= Fitness Center, P = Pool, CC= Creativity Center